

# SUMMER 2022 GAME TIME

**Address** Frampton Park Pre School,  
Woolridge Way, E9 6QJ

**Ages** 6 – 16 years old

**Dates** 26th Jul – 19th Aug (Tues-Fri only)

**Times** 11am – 3pm

Lunch provided\*

\*Contact us for more info

**Cost**

**FREE if Eligible for Free School Meals**

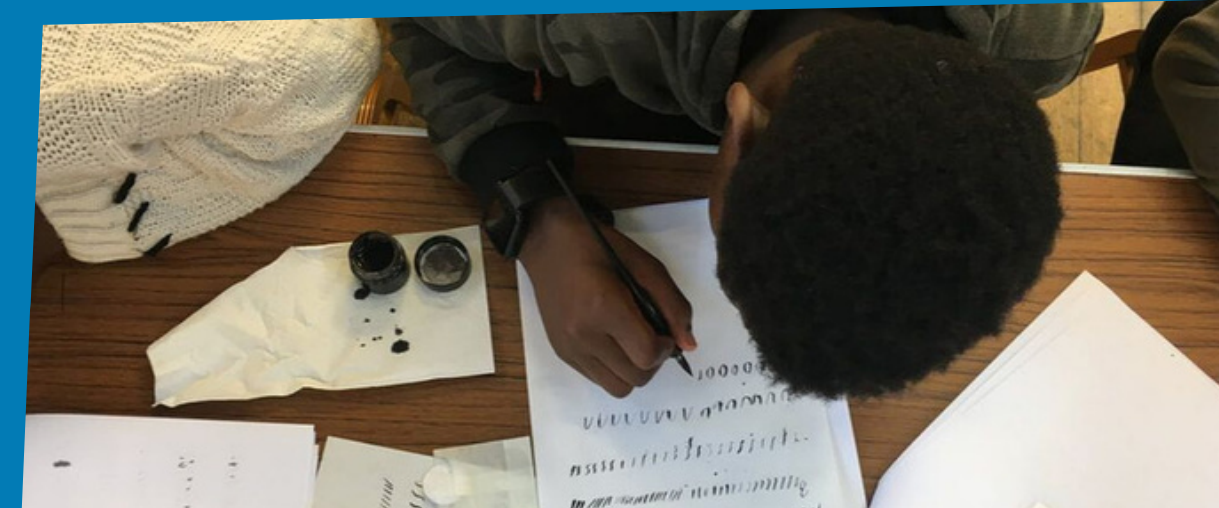
**£10 per day if not Free School Meals**

\*\*subject to terms

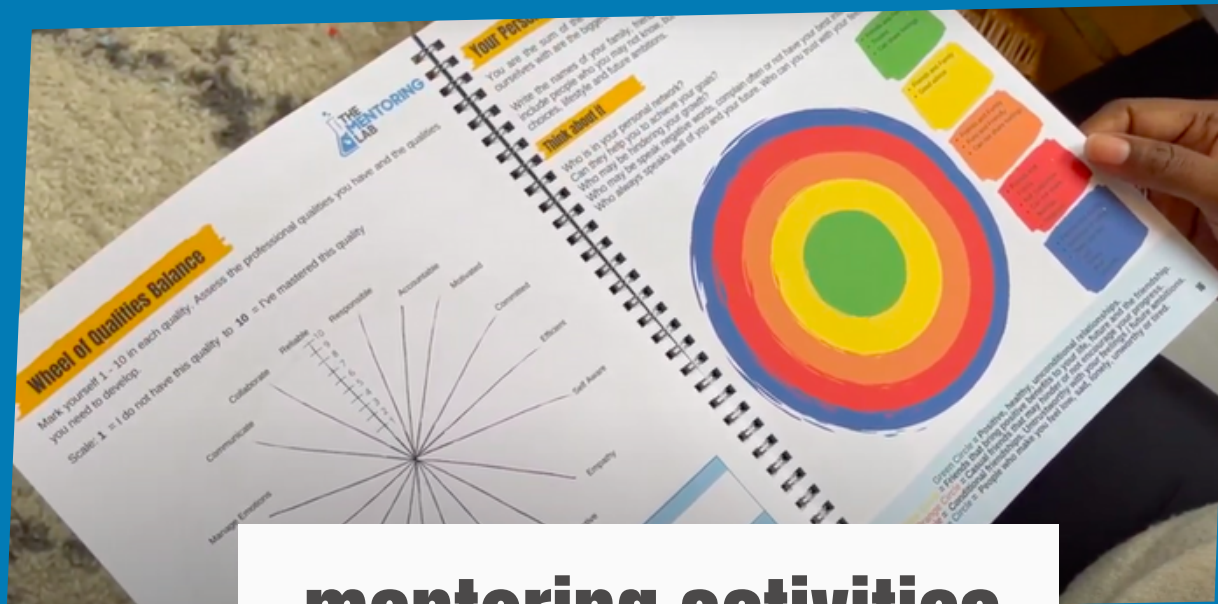
**Not registered yet?  
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**sports tournaments**



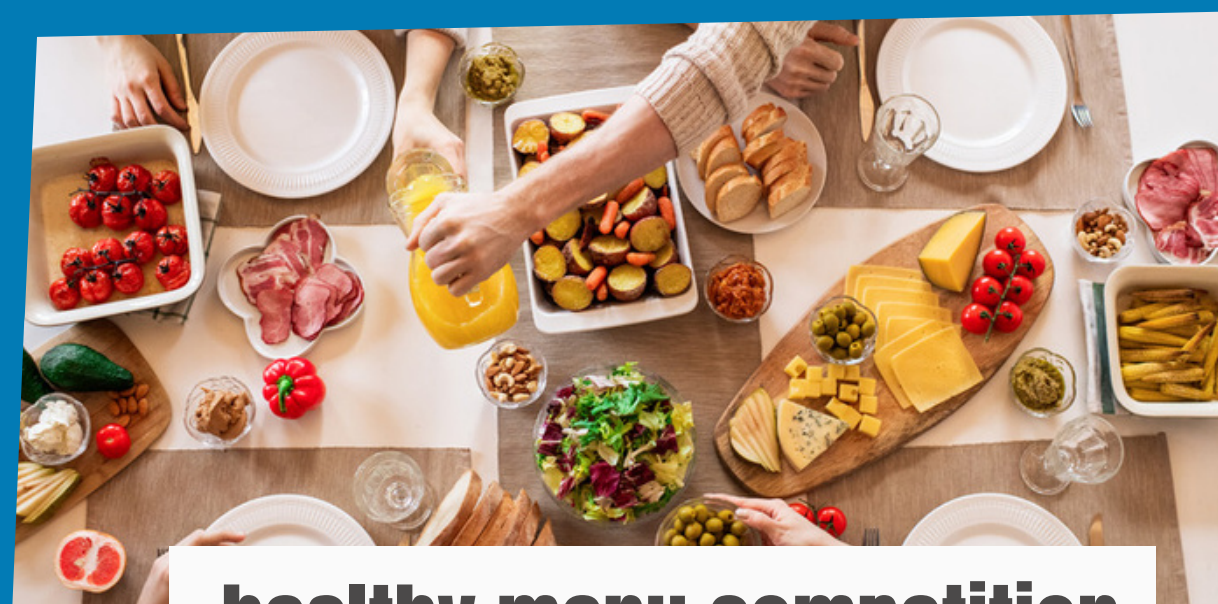
**poetry + spoken word project**



**mentoring activities**



**voice acting project**



**healthy menu competition**



**trips and outings**

**Contact us today**

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# ABOUT SUMMER GAME TIME '22'

## GAME TIME TOURNAMANT

Game Time is a sports and team challenge tournament that brings young people together to play fun sports games, team challenges and group mentoring.

Every session children can win points for working as a team or for stepping up as a leader. The prize apple airpods and Love2Shop high street gift vouchers.

## MENTORING

Our mentors and sports coaches use our mentoring tool kit to develop children's understanding of how to succeed and thrive!

Our mentoring helps young people to regulate emotions, develop their identity, character, social skills and their attitude towards relationships, school and...life.

## POETRY + SPOKEN WORD PROJECT

Led by a professional spoken word artist, our poetry and spoken word project is perfect for young people who express themselves through word, sound and maybe even performance. Funded by London Youth Young Creatives Project

## VOICE ACTING PROJECT

14-16 year olds only

Be a voice over actor in 'Friends Like Family'! It's a three part radio drama that explores the complicated relationships that develop between a group of teenage school friends when one of them becomes gravely ill.

Co-written by young script writers from the Mentoring Lab's Radio Drama Class and creative genius Kai Gama, 'Friends Like Family' is an expression of what life is like for many teenagers in London.

## HEALTHY MENU COMPETITION

Parents and carers welcome to take part

Do you help your children eat the healthy foods you cook? What tips and tricks could you share with young people, parents and carers, to get children eating healthier foods?

We want to hear how you;

- Organise your healthy weekly menu and £save
- Encourage your children to eat healthy snacks after school
- Encourage your children eating fruits, veg and lots of water

## FREE SCHOOL MEALS

Children and young people aged 6-16 years old who are eligible for free school meals will be provided with a free hot lunch each session. On trip days free cold lunches will be provided. An example of our food menu is:

- Chicken, Falal or veggie wrap
- Chicken or veggie meat with rice
- Spaghetti or veggie bolognese
- Chickpea stew or vegetable kebab



## TRIPS AND OUTING

**SWIMMING / BADMINTON / TENNIS**

**BEACH TRIP**

**CHESSINGTON WORLD OF ADVEN.**

**SPORTS DAY**

**AWARD CONFERENCE**

**Fri 29th Jun**

**FRI 5TH AUG**

**FRI 12TH AUG**

**THURS 18TH AUG**

**FRI 19TH AUG**



Not registered yet?  
Scan here to attend



**REGISTER NOW**

[www.thementoringlab.co.uk/game\\_time](http://www.thementoringlab.co.uk/game_time)



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